How to Make Wudu

Nine steps, from Bismillah to your feet

FOLLOW ALONG



1 Start with Bismillah

Start your wudu with the intention in your heart, then say 'Bismillah.'

Bismillah	In the name of Allah.	بِسْمِ ٱللَّٰهِ



2 Wash Your Hands

Wash both hands up to the wrists three times. Right hand first, then left.



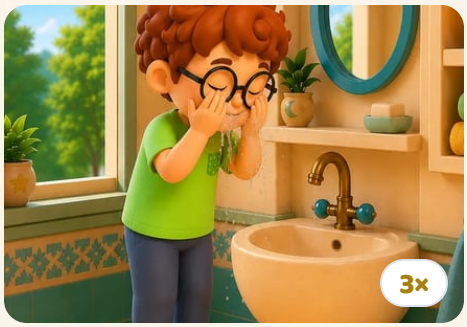
3 Rinse Your Mouth

Rinse your mouth with water three times. This is called madmadah.



4 Clean Your Nose

Sniff water into your nose and blow it out, three times. This is called istinshaq.



5 Wash Your Face

Wash your whole face three times, from forehead to chin, ear to ear.



6 Wash Your Arms

Wash each arm to the elbow, three times. Right arm first, then left.



7 Wipe Your Head

With wet hands, gently wipe over the top of your head. This is called masah.



8 Wipe Your Ears

With wet fingers, wipe inside and outside both ears.



9 Wash Your Feet

Wash each foot to the ankle, three times. Right foot first, then left.

Mashallah! You Did It! You finished your wudu. Now you're clean and ready to pray to Allah. May Allah accept your wudu.

Next: **How to Pray**, the two-page cheat sheet