



My Ramadan Journal

Name _____

Ramadan _____



Before Ramadan

Write your goals for this Ramadan. On Eid you will look back at them.



Something I want to do more of



Something I want to do less of



Something I want to learn



I will try to pray _____ prayers a day



I will try to fast _____ days



Colour your My Ramadan chart too, and pray together when you can!



1

M T W T F S S

Date _____



☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



☐ All day ☐ Part of the day, until _____ ☐ Not today



☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



لَا إِلَهَ إِلَّا اللَّهُ

La ilaha illa Allah

There is no god but Allah



Today I helped or was kind by



2

M T W T F S S

Date _____



☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



☐ All day ☐ Part of the day, until _____ ☐ Not today



☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



سُبْحَانَ اللَّهِ

SubhanAllah

Glory be to Allah



Today I helped or was kind by





Day 3 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

الحمد لله

Alhamdulillah

All praise is for Allah



My good deed

Today I helped or was kind by



Draw or write about my day



Day 4 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

اللَّهُ أَكْبَرُ

Allahu Akbar

Allah is the Greatest



My good deed

Today I helped or was kind by



Draw or write about my day



Day 5 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

Subhanallahi wa bihamdih

Glory be to Allah, and all praise is His.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 6 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ

Asbahna wa asbahal-mulku lillah

We have reached the morning, and all the kingdom belongs to Allah. All praise is for Allah.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 7 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

أَمْسَيْنَا وَأَمْسَى الْمُلْكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ

Amsayna wa amsal-mulku lillah

We have reached the evening, and all the kingdom belongs to Allah. All praise is for Allah.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 8 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

رَضِيتُ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ نَبِيًّا

Raditu billahi Rabba

I am happy with Allah as my Lord, with Islam as my religion, and with Muhammad ﷺ as my Prophet.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 9 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

اللَّهُمَّ بِكَ أَصْبَحْنَا وَبِكَ أَمْسَيْنَا وَبِكَ نَحْيَا وَبِكَ نَمُوتُ وَإِلَيْكَ النُّشُورُ

Allahumma bika asbahna

O Allah, by You we reach the morning and by You we reach the evening, by You we live and by You we die, and to You we return.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 10 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

اللَّهُمَّ بِكَ أَمْسَيْنَا وَبِكَ أَصْبَحْنَا وَبِكَ نَحْيَا وَبِكَ نَمُوتُ وَإِلَيْكَ الْمَصِيرُ

Allahumma bika amsayna

O Allah, by You we reach the evening and by You we reach the morning, by You we live and by You we die, and to You is the final return.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 11 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

Bismillahilladhi la yadurru

In the name of Allah, with whose name nothing on earth or in the sky can bring harm. He is the All-Hearing, the All-Knowing.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 12 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

A'udhu bi kalimatillahit-tammat

I take shelter in the perfect words of Allah from the harm of everything He has made.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 13 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

La ilaha illa Allahu wahdah

There is no god but Allah alone, with no partner. His is the kingdom, His is the praise, and He has power over everything.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 14 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

Alhamdulillahil-ladhi ahyana ba'da ma amatana wa ilayhi an-nushoor

All praise is for Allah who gave us life after taking it from us, and to Him we will return



My good deed

Today I helped or was kind by



Draw or write about my day



Day 15 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

بِسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا

Bismika Allahumma amootu wa ahya

In Your name, O Allah, I sleep and I wake up



My good deed

Today I helped or was kind by



Draw or write about my day



Day 16 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

بِسْمِ اللَّهِ فِي أَوَّلِهِ وَآخِرِهِ

Bismillahi fee awwalihi wa akhirihi

In the name of Allah at the beginning and the end



My good deed

Today I helped or was kind by



Draw or write about my day



Day 17 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا

Alhamdu lillahil-ladhi at'amana wa saqana

All praise is for Allah who fed us and gave us drink



My good deed

Today I helped or was kind by



Draw or write about my day



Day 18 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

Rabbana taqabbal minna, innaka antas-Sami'ul-'Alim

Our Lord, accept this from us. You are the All-Hearing, the All-Knowing.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 19 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Rabbana atina fid-dunya hasanatan wa fil-akhirati hasanatan wa qina 'adhaban-nar

Our Lord, give us good in this world and good in the Hereafter, and protect us from the punishment of the Fire.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 20 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dhikr of the day

رَبِّ زِدْنِي عِلْمًا

Rabbi zidni 'ilma

My Lord, increase me in knowledge.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 21 of Ramadan



M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dua of the night

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma innaka 'afuwwun tuhibbul-'afwa fa'fu 'anni

O Allah, You are the One who pardons, and You love to pardon, so pardon me.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 22 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dua of the night

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma innaka 'afuwwun tuhibbul-'afwa fa'fu 'anni

O Allah, You are the One who pardons, and You love to pardon, so pardon me.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 23 of Ramadan



M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dua of the night

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma innaka 'afuwwun tuhibbul-'afwa fa'fu 'anni

O Allah, You are the One who pardons, and You love to pardon, so pardon me.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 24 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dua of the night

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma innaka 'afuwwun tuhibbul-'afwa fa'fu 'anni

O Allah, You are the One who pardons, and You love to pardon, so pardon me.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 25 of Ramadan



M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dua of the night

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma innaka 'afuwwun tuhibbul-'afwa fa'fu 'anni

O Allah, You are the One who pardons, and You love to pardon, so pardon me.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 26 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dua of the night

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma innaka 'afuwwun tuhibbul-'afwa fa'fu 'anni

O Allah, You are the One who pardons, and You love to pardon, so pardon me.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 27 of Ramadan



M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dua of the night

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma innaka 'afuwwun tuhibbul-'afwa fa'fu 'anni

O Allah, You are the One who pardons, and You love to pardon, so pardon me.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 28 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dua of the night

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma innaka 'afuwwun tuhibbul-'afwa fa'fu 'anni

O Allah, You are the One who pardons, and You love to pardon, so pardon me.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 29 of Ramadan



M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dua of the night

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma innaka 'afuwwun tuhibbul-'afwa fa'fu 'anni

O Allah, You are the One who pardons, and You love to pardon, so pardon me.



My good deed

Today I helped or was kind by



Draw or write about my day



Day 30 of Ramadan

M T W T F S S

Date _____



My prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha ☐ Taraweeh (if I went)



My fast

☐ All day ☐ Part of the day, until _____ ☐ Not today



Quran today

☐ I read ☐ I listened

Surah _____ Ayahs _____ to _____ ☐ The whole surah



Dua of the night

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma innaka 'afuwwun tuhibbul-'afwa fa'fu 'anni

O Allah, You are the One who pardons, and You love to pardon, so pardon me.



My good deed

Today I helped or was kind by



Draw or write about my day



Eid Mubarak!

How did my goals go?

Turn back to your Before Ramadan page and read your goals. How did each one go?



Something I wanted to do more of

☐ I did it ☐ A little ☐ Not yet, I will keep trying



Something I wanted to do less of

☐ I did it ☐ A little ☐ Not yet, I will keep trying



Something I wanted to learn

☐ I did it ☐ A little ☐ Not yet, I will keep trying



This Ramadan I prayed _____ prayers a day



This Ramadan I fasted _____ days



What I am proudest of

Certificate

OF COMPLETION

completed Ramadan _____

**You fasted, you prayed, and you were kind.
May Allah accept it from you.**

Signed _____

Mama, Baba or grown-up

Date _____

